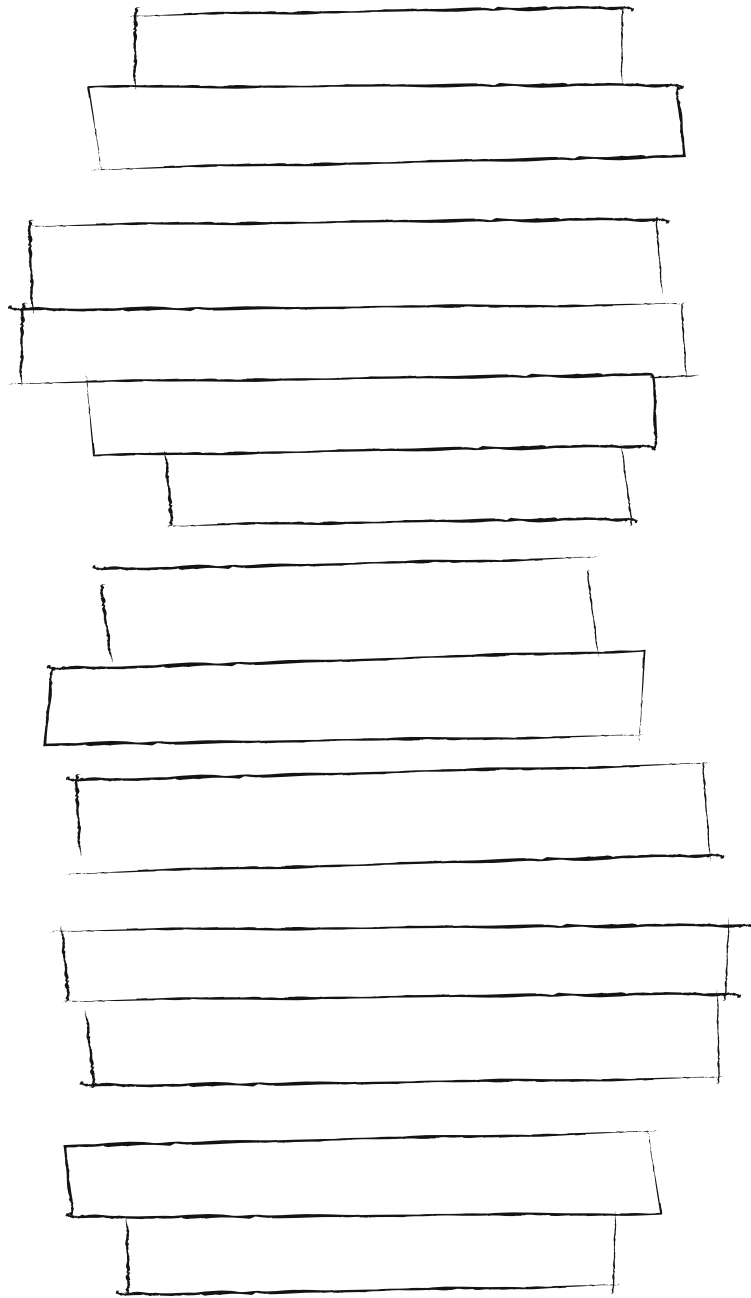


31 DAY OUTSIDE THE BOX CHALLENGE



A large hand-drawn box containing several horizontal lines for writing. The lines are arranged in a roughly vertical column, with some lines being longer than others, creating a series of rectangular writing spaces. The lines are drawn with a simple, sketchy style.

FILL THIS PAGE WITH YOUR BAD HABITS

AND THEN THROW IT OUT!